



APPLICATION INSTRUCTIONS

(Strap may contain latex always ask patient if they are allergic)

Step 1: Carefully unwrap the Shower Mitt. Slide the Shower Mitt over the hand and forearm to be protected. Guide hand and thumb in place. Close hand or lightly hold palm to push excess air out and keep the Shower Mitt in place.



Step 2: Fold the excess plastic at top of Shower Mitt. Begin wrapping and keep the top of Shower Mitt and strap below the elbow.

(The strap is the water barrier make sure no plastic is showing above the strap.)



Step 3: As you wrap around the forearm **PULL** strap tightly to keep the strap snug and ensure closure of the Shower Mitt to the forearm. When finished wrapping, lightly squeeze strap.



Step 4: After showering, dry the Shower Mitt and surrounding area. Carefully remove the Shower Mitt by loosening the strap. Dampness due to perspiration is normal, just pat dry.



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